

Cindy St. Cyr

All-Around Delightful Entertainer

Houston Music & Wellness Center



Cindy St. Cyr Music – CinCyr Music

Cindy St. Cyr has been singing professionally since she was a teenager. She sings primarily Jazz Standards from the Great American Songbook and has been the lead singer in multiple jazz bands and big bands.

Since 1997 she has had her own jazz band called “CinCyr-ly Yours Jazz Band”.

Cindy was the lead singer for the Texas Jazz Central Big Band for 16 years, and she has sung with several other live bands in town, including the Bopmeisters Duo, Graffiti Jazz Band, The Bob Khuldell Orchestra, the Gulf Coast Swing Big Band, and the Renegades Orchestra.

She has also been performing specialty programs for the senior community for more than 35 years and has created more than 25 music shows for seniors, where her audiences have called her “An All-Around Delightful Entertainer”!

In 2023, Cindy surpassed a record of 8,000 vocal performances in her singing career. Cindy lives to make a difference in people’s lives with music. Singing is her passion!

Contact Cindy:

- Visit her website to learn more and hear a demo: www.cindystcyr.com
- Or call her at: 713-464-7464

Houston Music & Wellness Center



In addition to singing professionally, Cindy is the Founder of Houston Music and Wellness Center providing music wellness programs for health and wellness in drumming and piano, sound healing to reduce stress and anxiety, as well as music for team building and employee wellness programs.

In 2007, Cindy became a trained facilitator with Yamaha Corporation of American in their music wellness programs for piano.

In 2009, Cindy became a trained facilitator for REMO's HealthRHYTHMS program in Drumming for Health and Wellness. Cindy blazed the trail in Houston, TX for Drumming for Health with Seniors. She continues to study extensively with founder Christine Stevens, world renowned music therapist and drum circle facilitator in music programs for wellness.

In 2018, She studied with Arthur Hull, founder of Village Music Circles and pioneer of the facilitated drum circle movement.

In 2023, Cindy became a Certified Music Wellness Practitioner in Sound Healing with the International Sound Healing Academy for the reduction of stress and anxiety, and empowering life changing wellness programs.

Cindy's programs provide team building and workplaces wellness programs for the workplace, in education, in senior communities, and for other wellness groups.

To learn more about her music wellness programs, visit her website at:

www.musicwellnesscenter.com

CREDENTIALS

- Cindy studied Jazz Music at Houston Community College, and some Music Therapy at Sam Houston State University.
- Graduated from the University of St Thomas in Vocal Performance, with honors, with an emphasis in Jazz Vocals.

